



## Program Schedule

Client Name: \_\_\_\_\_

Appointment Day: \_\_\_\_\_

Appointment Time: \_\_\_\_\_

	Individual Sessions	Group Events
Month 1	_____	_____
Month 2	_____	_____
Month 3	_____	_____
Month 4	_____	_____
Month 5	_____	_____
Month 6	_____	_____

Additional Notes: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I understand that you have a busy schedule and I pride myself on not keeping you waiting and not keeping you longer than planned. Your session will end 50 minutes after it was scheduled to begin.

Please arrive on time. If you have a need to cancel your session, please do so at least 24 hours in advance.